



Integrated Spine, Pain & Wellness

DR. ASHU GOYLE



INTEGRATED SPINE, PAIN AND WELLNESS

ABOUT US

It would help if you didn't have to live with the pain. At Integrated Spine, Pain & Wellness (ISPW), Dr. Goyle delivers effective, non-narcotic health solutions that alleviate the pain and suffering prohibiting you from living your best life.

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IV HYDRATION & NUTRITION

WWW.ISPWSCOTTSDALE.COM

IV Hydration

At **Integrated Spine, Pain, and Wellness**, we believe in healing yourself from the inside out. We want to help support your health in many ways. One of those ways is with IV hydration. ISPW offers many forms of IV hydration that have been selected and customized by Dr. Goyle himself. Whether you're looking to reduce inflammation, have glowing skin, or want to cleanse your body, IV therapy can help.

As a safe, immediate, and effective solution for a wide range of concerns, IV therapy has become the go-to rejuvenation that your body needs. In our fast-paced society, we often find that people are not taking proper care of their bodies and are usually not getting proper hydration or the nutritional support they need. At ISPW, we offer specific formulations to address different health deficiencies to help energize and clarify the body. IV Therapy is just what your body craves!

NUTRITION



Myers Cocktail

This cocktail has suggested that it can be clinically effective against acute asthma attacks, migraines, fatigue (including chronic fatigue syndrome), fibromyalgia, acute muscle spasms, colds, chronic sinusitis, seasonal allergies, etc. **-\$200**



Anti- Aging

Reduce the signs of aging with this anti-aging infusion. Antioxidants and glutathione help increase elastin and collagen and hydrate the skin. **-\$225**



Anti-Inflammatory

Boost your immune system and reduce inflammation with vitamins that lower inflammation and relieve pain. **-\$225**



Detox

Support the liver to detox any heavy metals, toxins, and other harmful waste. Essential vitamins help to give your system a boost of clarity and energy. **-\$225**



Energy

Feeling sluggish or having brain fog? Boost mental and physical energy with this blend of B vitamins. This will give you a natural pick-me-up that your body needs **-\$225**



Fat Burner

Start your weight loss journey with our weight loss infusion—amino acids, including Arginine, help reduce toxins and give your cells good nutrients. Also, with Taurine, digestion is improved, and fats are broken down. **\$300**

Menu



Healthy Hydration

Living in Arizona, it's easy to become dehydrated. Hydration therapy can alleviate fatigue, stress, and hunger, flush toxins, moisturize the skin and support the immune system. Get hydrated with our B12 cocktail, electrolytes, and vitamin C. **-\$225**



Immune Support

Boost your immune system with a proprietary blend of vitamins, ascorbic acid, vita-complex, zinc chloride, and glutathione will get your immune system up and running! Also, great if you have a cold or flu. **\$225**



NAD

Nicotinamide adenine dinucleotide can stimulate cell regeneration in the body. It promotes healthy brain function and improves performance throughout each system. **\$1 Per Milligram**



Radiant Skin

This solution containing vita-complex, zinc chloride, and electrolytes is ideal for hydrating the skin and restoring collagen and elastin. In addition, high doses of vitamin C and Glutathione brighten the skin for a youthful glow. **\$250**



Recovery

This power infusion is the ideal aid for a healthy recovery, packed with high doses of vitamin C, Calcium, Magnesium, Zinc, Glutathione, Taurine, B Complex, amino acids, and vitamins. **-\$275**



Repair

Repair your body after a hard workout. This IV is ideal for active people. Hydration combined with electrolytes, vitamins, amino acids (protein building blocks), and more will assist in recovery and muscle building. **-\$275**

www.ispwscottsdale.com

Book Today!

Make an appointment with our front desk.